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# Upgrade Today to our Premium Online Quilt Magazine for **Only \$10** for the Year – that's <u>less than \$1 per issue</u>!

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# Letter from the Editor

Jody Anderson

Hi!

Welcome to our October issue. After this month, the unofficial countdown to Christmas begins, so enjoy this Christmas-free read now!! This month is National Breast Cancer Awareness Month, and we have a fun article on 'quilting a bra' for awareness, or for fundraising, or because you need a new purse!

This month we share some more "How To's" too –Sharon shows how to make a t-shirt quilt, Lori demonstrates another fab FMQ design and we have a new pattern from Rose to try out as well.

There's a couple of great new books to check out as well as more new release fabrics for if you feel the need to impulse buy...!

Have a great month!





# Quilt A Bra For Pink Ribbon Occasions - Cancer Awareness Projects

From Tricia Deed at InfoTrish

(October is Breast Cancer Awareness Month, and there's many ways to show your support!)

Why not quilt a bra for pink ribbon occasions? This is a great idea for cancer awareness projects.

The newer bras have a firm foundation and make great bags or purses for any use you may have in mind. Okay, I hear you giggling, but do give it a try. You will have a pleasant experience! The size of the cup will determine the use of the bag, pouch, or purse you wish to make.

Making a bra purse is excellent to give new purpose to used bras. Cover these bras with cotton or decorator fabric. New bras are attractive; no need to cover.

If your creativity is anything like mine, your brain is probably flying with ideas at this time over what you can do with polka dots, flowers, beads, fringe, lace, ribbons, and fabric cuts of wedding and other fancy fabrics and much more.



I make costumes using fancy fabrics and now have a new purpose for my scrap fabrics. I can use the larger pieces of fabric for the fuller part of the bra and quilt smaller pieces together to create or enhance my chosen pattern.

#### How to make a bra purse or bag

- 1. Cut away and separate the bra sections
- 2. Decorate the cups
- 3. Use bra straps for purse straps

#### Cut away and separate the bra sections:

- Before you cut, plan how you wish to decorate the bra. Be certain you have adequate supplies to complete the project.
- 2. It matters not if the bra is under-wired, boned, or other construction; cut accurately and neatly.



#### **Decorate cups:**

- 1. Cover the cups with your quilting handwork, other fabrics, or leave as is.
- 2. If you choose to bead or add fringe, this is the time to do it. Hand stitch or glue beads or trim into place.
- 3. Attach both cups together with hand stitching or glue.
- 4. Cover your stitching with decorator edging such as lace or flowers.



#### Use bra straps for purse straps:

- 1. Cover bra straps matching purse decoration.
- 2. Attach bra straps to the side edges of the cups or make a draw string pouch

Do not be surprised if you get hooked making more and more of these bra purses or bags and donating them for cancer awareness projects or bras for a cause of your pet charity, giving gifts to friends and family, or selling at arts and crafts fairs or quilting fairs.

Article Source: http://EzineArticles.com/?expert=Tricia Deed

Many groups get together to decorate and create amazing bra-based artworks that can be sold or raffled for Breast Cancer charities. Here's a few fab ones we found...







That brings me to an update for our Breast Cancer Bags Project too...



We're thrilled that so many of you have taken this worthwhile project under your wings, and are busily supplying your local hospitals with these much-needed bags for drainage bottles for breast cancer surgical patients.

Just this week, I received an email from Merilyn in the Bendigo/Echuca area in Victoria, Australia,

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and they're up to more than 1700 bags made and donated so far!! This is an amazing achievement, and we couldn't be happier!! (Merilyn's looking for some help too, so if you're in that area and could help out, please let me know at <a href="jody@onlinequiltmaqazine.com">jody@onlinequiltmaqazine.com</a> and I'll put you in touch with her.)

You can find more info and the free downloadable pattern for these easy to make bags at <a href="www.Quilts-n-Bags.com">www.Quilts-n-Bags.com</a> and we'd love to have you on board!

Our aim is still to have local sewing groups looking after their local hospitals, and that way it stays a community effort with local impact.

Let's put an end to these surgical patients having to carry their drainage bottles home in plastic shopping bags, and give them some dignity and love at this difficult time.





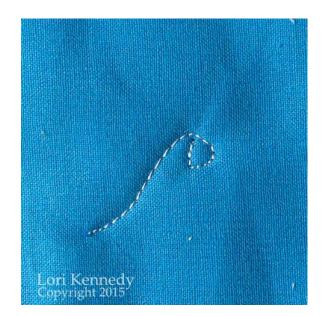
# Free Motion Quilt Tutorial – Crabapple Blossom Tutorial

By Lori Kennedy from www.theinboxjaunt.com

This tutorial is for an all-over or fill pattern. With a little doodling, it could easily be stitched in a vine to fill a border.



Begin by stitching a stem and curving in to create the center of the flower.



Echo stitch the stem to begin the first petal. NOTE- All of the petals in the Crabapple, are slightly angular.



Continue adding petals, leaving a gap between the petals and the center circle.



Stitch the last petal and echo stitch the stem back into the center of the flower.

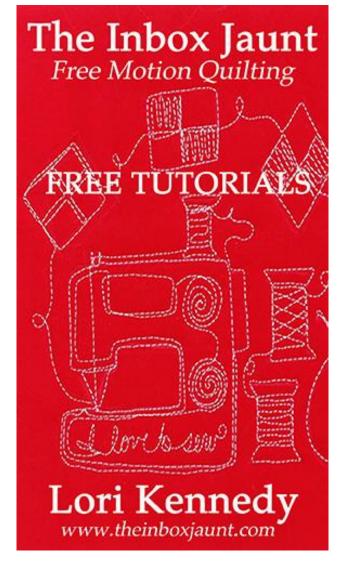


Stitch jagged lines into each petal and back to the center. Use the small gap around the center to travel between each petal.



You may echo-stitch around the entire blossom.

Use the echo stitching to travel to the next area on the quilt to be filled-You may echo stitch the entire flower or a partial flower depending on where you need to fill.





While stitching the petals on subsequent Crabapple Blossoms, alter the shape of the petal to fill in very close to the adjacent flowers. Don't worry that some of the petals are oddly shaped—they will appear to be underlapped.





The overall look is very beautiful, even if some of the flowers are cut off or "squashed" in the bouquet.



#### A new favorite!

**About the Author:** Lori Kennedy claims she has been passionate about quilting since birth and believes quilting is in her blood--her grandmother, mother and two sisters are all quilters. She can't stop talking (about quilting) and can be found discussing free motion quilting daily at <a href="https://www.theinboxjaunt.com">www.theinboxjaunt.com</a> and bimonthly in her column, 'My Line with Lori Kennedy' in American Quilter Magazine.

When she's not blogging, taking photos or quilting, she can be found hiking the trails of Minnesota with her husband, six kids and two Australian Shepherds. Look for her book of step-by-step free motion quilt motifs from AQS Fall, 2015, and her Craftsy Class <u>Divide and Conquer: Creative Quilting for Any Space</u>.





# PROJECT - Northern Lights Quilt Pattern

By Rose Smith from <a href="https://www.ludlowquiltandsew.co.uk">www.ludlowquiltandsew.co.uk</a>



This quilt measures 58 inches square and I have made it with sixteen blocks, which are all 12 inches square finished size.

I have used 1 yard each of the blue and the green fabrics, 13/4 yards of the black fabric and just 1/4 yard of the cream.

The cream is only used for the second border – neither the blue nor the green gave the look that I was hoping for so I introduced this additional colour – maybe it represents moonlight?

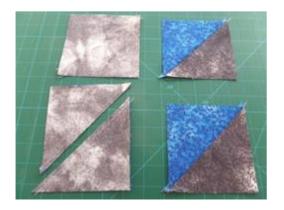


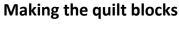
### **Cutting requirements**

2½ inch squares: sixty-four blue, sixty-four black, one hundred and twenty-eight green (See notes below about strip piecing instead)

4½ inch squares: sixteen green

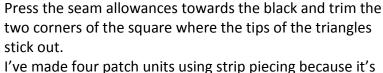
4.7/8 inch squares: thirty-two blue, thirty-two black





Make half square triangle units with the 4.7/8 inch squares. Place a blue and a black square with right sides together and mark a line along the diagonal.

Sew a ¼ inch seam either side of the marked line and cut along the line. This will give you two half square triangle units which are now 4½ inches squares.



I've made four patch units using strip piecing because it's quicker.

Sew together 2½ inch strips of blue and green and of black and green along the length. (You will need approx. 4 strip sets of each colour way.)

Cross cut these at 2% inch intervals to make strips that are 2% inches wide by 4% inches long.

Sew these strips together in pairs to make four patch units where the green squares are diagonally opposite to each other – you can see these in the top right of the photo.





Lay the squares out in three rows of three – that's counting the four patch units as one square.

There's a green square in the middle with a half square triangle on each edge of the central square.

These are placed so that the blue triangles form a line along the diagonal.



The four patch units are placed in the corners, with the blue/green units on two diagonal corners and the black/green units on the other two corners.

Note that these are placed so that the small blue squares follow one diagonal while the small green squares follow the other diagonal.

Sew the squares together across each row and then sew the rows to each other. You will need to make sixteen of the northern lights quilt blocks.



#### Assembling the northern lights quilt

The blocks are sewn together in four rows of four. As usual, the design is made by rotating the blocks.

I think that the easiest way for me to describe the layout is using the blue diagonal of the block as this stands out quite well.

In row 1 the blue forms a zigzag with the blue diagonal beginning in the top left of the row and finishing in the top right with the fourth block.



In row 2 the blue diagonal goes from bottom left to top right in the first two blocks and then from top left to bottom right in the next two blocks.



In row 3 this is reversed with the blue diagonal going from top left to bottom right in the first two blocks, and then going from bottom right to top left in the next two blocks.



Row 4 is similar to row 1, but the zigzag begins bottom left of the row in the first block and finishes bottom right in the fourth block.

Sew the blocks together across each row and then sew the rows to each other.



#### **Quilt borders**

I have used three borders for this quilt, but I have introduced a new colour for the second border instead of using the fabrics from within the quilt – moonlight or starlight perhaps?

The first border is made using 2½ inch strips of black fabric.

You'll need two lengths of 48½ inches for the top and bottom and two lengths of 52½ inches for the sides.

For the second border I have used 1½ inch strips of cream – two lengths of 52½ inches for the top and bottom of the quilt and two lengths of 54½ inches for the sides.

For the third border I have returned to the 2½ inch strips of black – two lengths of 54½ inches for the top and bottom of the 58½ inches for the sides.

That completes the northern lights quilt top. It is now ready for layering, quilting and binding.

**About the Designer:** Rose Smith was born and brought up in Zambia in Africa. She moved to the UK when she was 18 and now lives in Shropshire, indulging her passion for quilting and sewing. She has sewn all her life - 'anything that stood still long enough' in the words of her children - but now finds that patchwork and quilting have taken over her life. She indulges this passion by posting patterns and tutorials on her website for all to share.



# T-Shirt Quilt and Directions

By Sharon Camp of <a href="https://www.uniquebabyquiltboutique.com">www.uniquebabyquiltboutique.com</a>

A t-shirt quilt story and directions for making your own quilt.

You have a dresser drawer or closet full of old t-shirts. It is time to clean out and make room for going shopping for those after sales. Maybe you just find it is just time to clean but you really don't want to part with those shirts after all these years. Like pictures, t-shirts hold memories of a time when...

So what can be done with the pile on the floor of the multiple colors and sizes of old t-shirts from either your children's days playing soccer or little league? What about your old college shirts or the ones saved from high school activities. Those have to mean something or they still would not be in the back of your closest.

Instead of tossing all of these great memories, saved for so long, turn them into a t-shirt quilt.

I worked on a t-shirt quilt for a friend, whose son passed away a few years ago. T-shirts are not only memories now, they are gifts of times shared that can never be returned.

Her son was also a student in my classroom, many years ago. As I cut, iron, sew, and quilt memories of a young man flood back and make me smile. As the quilter, I am pleased to be able employ my talents so that this family will be able to snuggle under the quilt made with the days of joys and peace with their son.

Old shirts transformed into a t-shirt quilt can be a lifetime of memories.

Here are a few pointers to follow when making your t-shirt quilt:

The instructions are based on a 15 inch square T-shirt block. The quilt will eventually have the same sized quilt block with fabric sashing between the shirt/ blocks and a fabric border.

First, check all your t-shirts to make sure that the designs will fit into a 15 inch square.

Sizes: all sizes include 1½ inch sashing and a 2 inch border and are based on a 14½ inch finished t-shirt block. If the shirts are smaller than the above mentioned size, sewing shirts together can form one block.

12 shirts will make a throw-size quilt, approx. 48 x 64 inches - 3 across x 4 down.

20 shirts will make a twin size quilt, approx. 64 x 82 - 4 across x 5 down.

30 shirts will make a full size quilt, approx. 82 x 96 inches - 5 across x 6 down.

36 shirts will make a queen size quilt, approx. 96 x 96 inches square - 6 across x 6 down.

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42 shirts will make a king size quilt, approx. 110 x 96 inches - 7 across x 6 down.



**Step 1** - Select Shirts - Make sure the shirts are clean and not stained.

**Step 2** - Fusible Interfacing - Each shirt must be backed with non-woven fusible interfacing to prevent it from stretching. Purchase heavyweight fusible Pellon iron-on interfacing.

Good quality permits less stretching of the t-shirts. Buy enough for 17 inches square per shirt.

Iron on first before cutting the shirts to the required square size.

**Step 3** - Fabric for Sashing/Border/Binding - Sashing strips form a decorative grid between each T-shirt block. Plan on cutting 2 inch sashing strips (1½ inches when finished) between the blocks, 2½ inch strips (2 inch when finished) for the border, and additional fabric for the binding.

**Step 4** - Cutting Shirts - Separate the front of the shirt from the back. Make sure the shirt is smooth and iron if necessary. You want your shirt side to be larger than 15 inches square - ideally larger than 17 inches to fit the interfacing. After you apply the interfacing you will cut the shirt square to the desired size. (Mentioned in Step 2)

**Step 5** - Fusing - Cut interfacing to a 17 inch square. Don't piece the interfacing, it will show through. Position the interfacing with the resin side down on the wrong side of the t-shirt, trying to center the design as much as possible.

Follow the manufacturer's instructions for fusing to the back of each T-shirt. Use a press cloth so

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you don't get any glue on your iron. Beware of wrinkles - once cool they won't come out!

**Step 6** - Cutting the Squares - Square up each fused shirt to 15 inches square. Make sure you center the design and lettering, and remembermeasure twice - cut once!

Be aware when cutting the design that a ¼ seam allowance is needed around all sides, as you plan your design space.

**Step 7** - Arranging - Lay out squares on the floor or on the bed and arrange. Alternate light/dark, busy/not so busy.

Make sure the blocks can be read from the desired direction and are all going in the same direction.

Pay close attention to repeat pattern and words so that these and not just colors do not end up in the same row or column.

**Step 8** - Completing the Quilt Top - add sashing - Sashing strips are the horizontal and vertical strips between blocks.

The horizontal strips should measure 15 inches in length x 2 inches wide.

Cut enough sashing strips to add to all the t-shirts except the bottom row. Sew horizontal strips to the bottom of each block, except the blocks in the bottom row. Sew blocks together to form columns.

**Step 9** - Now sew the long sashing strips for between the vertical rows of the blocks together. Join the strips to the right side of each column of blocks. Add a strip to each of the outside side edges too, then cut strips for the top and bottom, and join them too, to complete the quilt centre with borders.



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**Finish** - Layer backing batting and quilt top. Baste or safety pin together. You can either hand quilt or machine quilt the t-shirt quilt.

**About the Author:** Sharon Camp has been quilting for over 30 years. Visit <a href="www.uniquebabyquiltboutique.com">www.uniquebabyquiltboutique.com</a> and chose one our handmade children's quilts, a lasting keepsake, a unique birthday gift, or Christening gift, for that special "little one." Article Source:

http://EzineArticles.com/?expert=Sharon\_Camp

Don't keep this Online Quilt Magazine all to yourself –share it with your Quilting Guilds and Friends!

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#### **LUDLOW QUILT AND SEW**

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www.ludlowquiltandsew.co.uk



# What's New from The Fat Quarter Shop

From Kimberly Jolly at <a href="https://www.FatQuarterShop.com">www.FatQuarterShop.com</a>

We're pleased to be able to bring you a selection each month of the Newest Fabric Releases and the new season fabric "must haves".



GOOSEBERRY BY LELLA BOUTIQUE FOR MODA FABRICS

Flower garden overflowing with hollyhocks, delphinium, and raspberries, Gooseberry is everything sweet that you love.

Available in all precut goods, yardage and exclusive quilt kits.

#### Check it out at:

http://www.fatquartershop.com/moda-fabric/gooseberry-lella-boutique-moda-fabrics



Keep up to Date with What's Happening on our Facebook Page – Do You Love Quilting Too?

Bonus blocks, hints and tips added all the time!!

http://www.facebook.com/#!/pages/Do-You-Love-Quilting-Too/271888039492644



#### PRAIRIE BY COREY YODER FOR MODA FABRICS

Prairie is the warmth and golden colors of a late summer afternoon meld with the richness of fall hues. Available in all precut goods, yardages and exclusive quilt kits.

#### See More at:

http://www.fatquartershop.com/moda-fabric/prairie-corey-yoder-little-miss-shabby-moda-fabrics



# MOJITO BY ANOTHER POINT OF VIEW FOR WINDHAM FABRICS

Bright colors and florals are always a great combination in the Mojito collection. Available in fat quarter bundles and yardage.

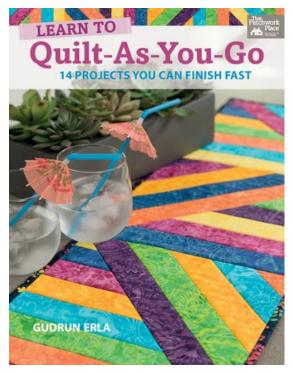
#### View this Collection at:

http://www.fatquartershop.com/windham-fabrics/mojito-another-point-of-view-windham-fabrics



## **Book Reviews**

By Annette Mira-Bateman from <a href="https://www.QuiltBlockoftheMonthClub.com">www.QuiltBlockoftheMonthClub.com</a>



"<u>Learn to Quilt-As-You-Go</u>" by Gudrun Erla 14 Projects You Can Finish Fast

The idea that the quilt is finished when you finish piecing, appeals to many quilters.

Gudrun Erla is an expert with this quilt-as-you-go technique and she takes us in detail through her methods, starting with small, beginner projects and proceeding to more complex ones.

Gudrun's 'need for speed' may have stemmed from her busy lifestyle. They say "necessity is the mother of....", but in her case she was the mother of 3 small children, had 2 quilt shops to run and was teaching exercise classes several times a week!

As a quilt designer, the next idea was always looming and there was a pressing need to complete projects quickly. Hence, the technique ably demonstrated in this book.

Diagrams clearly show the development of each item. The quilt-as-you-go method does not lend itself to curves, but the illusion of curves does the job well.

Gudrun's choice of colours may derive from her Icelandic heritage.

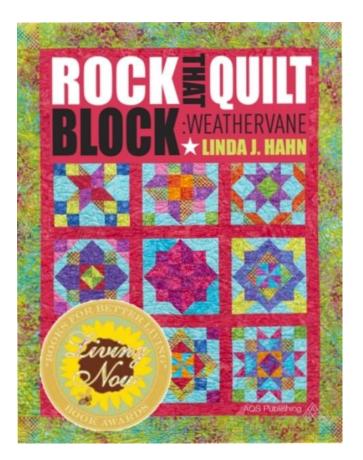
"Learn to Quilt-As-You-Go" is published by Martingale and is available through your local craft book shop or online from:

<u>www.ShopMartingale.com</u> (Photos courtesy of Martingale)









"Rock that Quilt Block: Weathervane" by Linda Hahn

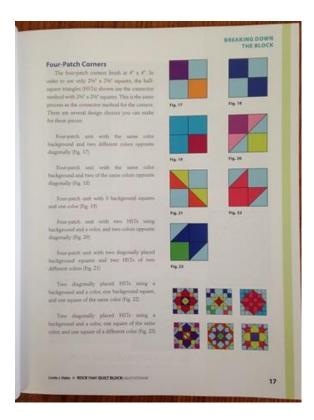
Hot off the Press, Linda Hahn's new book is fun, and will have you experimenting with blocks in no time flat!

Others agree, as this book has just won the 2015 Gold Award in the Crafts/Hobbies/Collecting category of Independent Publishers' Seventh Annual Living Now Book Awards.

For this book, Linda has taken one classic block and reworked it into quite a variety of different blocks, that are showcased in the "Juicy Lucy Sampler" quilt on the cover, and in an additional 6 quilt projects in this book.

As Linda says – "One of the things that I really enjoy is playing and experimenting. I will experiment with different settings and colors and perhaps make slight modifications. It is amazing what happens when you play!"

This book has a great introduction to Linda's experimenting techniques, with clear instructions and plenty of pictures for each of the elements in this weathervane block.



"Rock that Quilt Block: Weathervane" by Linda Hahn is available from AQS Publishing, PO Box 3290, Paducah, KY, 42002-3290 USA and is available through your local craft book shop or online from: <a href="mailto:orders@AQSquilt.com">orders@AQSquilt.com</a> and <a href="https://www.shop.americanquilter.com">www.shop.americanquilter.com</a>







# Recipe Corner – Fudgy Chocolate Caramel Cookies



125g/4.4oz butter, softened
1 teaspoon vanilla extract
1¼ cups firmly packed brown sugar
1 egg
1 cup plain flour
¼ cup self-raising flour
1 teaspoon bicarbonate of soda
1/3 cup cocoa powder
1 cup chopped jersey caramels (fudgy lollies/sweets)

% cup walnuts, toasted, chopped% cup dark chocolate melts, chopped in half

#### Method

**Step 1** - Preheat oven to 180°C (356F)/160°C fanforced. Line 3 large baking trays with baking paper.

**Step 2** - Using an electric mixer, beat butter, vanilla, sugar and egg until smooth. Sift flours, bicarbonate of soda and cocoa powder over butter mixture. Stir until combined. Fold in caramels, walnuts and chocolate.

**Step 3** - Roll 2 level tablespoons of mixture into balls. Place on prepared trays, 4cm apart. Using the palm of your hand flatten mixture slightly.

**Step 4** - Bake, 1 tray at a time, for 10 to 12 minutes or until just firm to touch. Stand biscuits on trays for 5 minutes. Transfer to a wire rack to cool. Serve.



### Reader "Show and Tell"

This month we continue our regular segment of "Show and Tell" quilts made by our Online Quilt Magazine Readers. It's been another good month too!

We will include them as long as you can send them to us, and that way we can all share in the wealth of creativity and inspiration abundant within our quilting community.

Remember to keep sending in photos of your latest quilt projects to share. Please send to: <a href="mailto:jody@onlinequiltmagazine.com">jody@onlinequiltmagazine.com</a>.

"The fabric was sent from 2 friends - one from USA ,the other Canada. I backed it so that way I have my 2 friends together."

- Pat W., Victoria



"I've made your Pebble Clutch. I made it with a brocade fabric and I've never sewn with that before and I used satin bias binding for the cord piping."

- Deanna M., Brisbane, Australia



"...lots of work but finally finished"

- (sorry – I didn't get a name, but we love your quilt!)



"This was my last project - A clerical stole for our minister that was leaving our church."

- Sandi J., B.C., Canada

"I made this quilt from a Michael Miller Design for one of the girls at work for her wedding. I am very pleased with it, I have almost completed a free motion quilting Building Blocks Quilt with Leah Day, which gave me the confidence to quilt with free motion quilting. I have also included a photo of part of the back to show the quilting. My friend was thrilled with the quilt and I loved making it for them."

- Pam R., Perth, Western Australia





Keep them coming! We've had some more wonderful projects this month, and we'd love to share what you've made too! Please send in your "Show and Tell" Photos to me at:

jody@onlinequiltmagazine.com



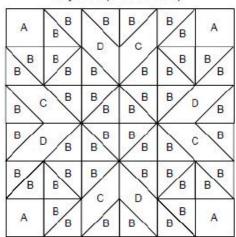
## Block of the Month

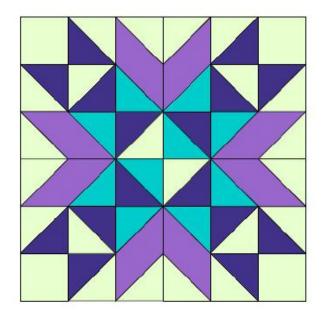
This month's block is a stunning pieced star that looks more complicated than it actually is. Take care with your seam allowances, and you're going to love the results!!

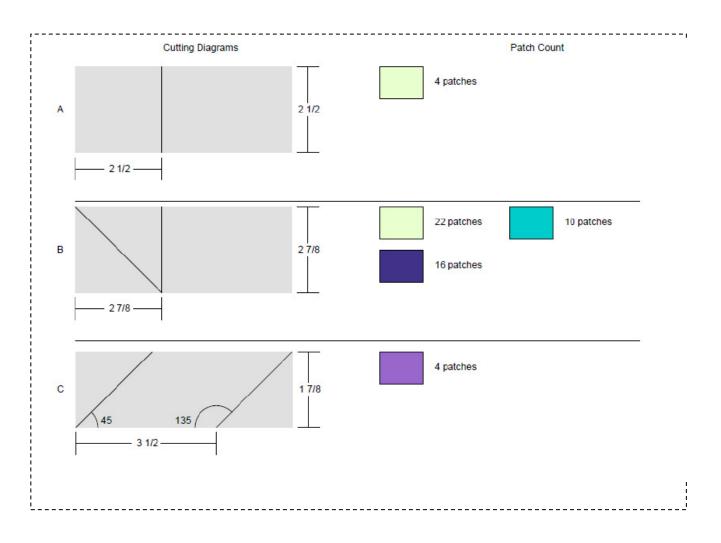
To make this 12 inch block as shown, you will need 4 different fabrics and once you have rotary cut the pieces according to the Cutting Diagram, you can piece them together as shown.

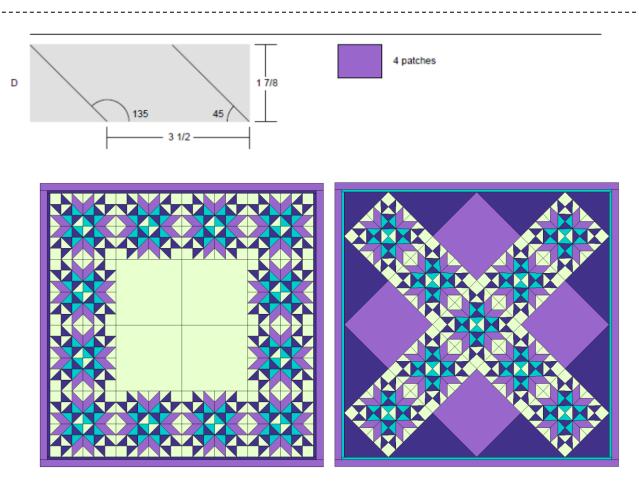
### Wyoming Valley

Key Block (1/5 actual size)









Make a fabulous border, or a striking quilt centre.

For more great quilts and blocks, visit  $\underline{www.QuiltBlockOfTheMonthClub.com}$ 

# Today's Tips:

We found a couple of tips too that we've been using a lot lately -

- Clean the bobbin area often because lint builds up quickly when quilting.
- If your foot pedal keeps sliding out of reach from the continuous pressure of quilting, put a non-skid carpet pad under it.
- Use a self-threading hand sewing needle to embed thread tails into the sandwich after tying off.

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To hand piece two curved patches, sew with the convex (outer) curved patch on top. (This works for machine piecing too)

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Areas of machine stippling should be spread evenly throughout a quilt, or it may become distorted and not lie flat.

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Add 3-D embellishments after the quilting is done so they won't get crushed by the quilting hoop or caught in the machine.

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Increase the stitch length a little to show off rayon or metallic threads. More thread on the surface will reflect the light.

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We're always on the lookout for great
Hints and Tips to share. If you have any,
please send them to
jody@onlinequiltmagazine.com, as we'd
love to include yours!

# **10 Quilting Commandments**

MAKE SURE YOUR ROOM IS BIG ENOUGH FOR YOUR FRAME

DON'T BE CHEAP BUY THE 1/2 YARD

NOT ALL 8 INCH SQUARES ARE THE SAME SIZE

BUY THE SECOND ROLL OF THREAD

A RULER WILL ALWAYS GIVE YOU A STRAIGHT LINE

ALLWAYS CUT LONGER THREAD THAN YOU THINK YOU NEED

QUIT WHEN HAND TINGLES

IF SOMEONE SAYS THE MATERIAL IS UGLY BUY IT, THEY WILL WANT SOME

NEEDLES ARE YOUR FRIEND, SO ARE MAGNETS

REMEMBER TO ALWAYS STITCH FOR THOSE YOU LOVE AND THOSE IN NEED

- From Liz M., Ambler, PA, USA

# YES, We Want to Hear From You!

As our Online Magazine continues to grow each month, we need your feedback in order for us to continue to improve our publication for you.

- We want to know how you liked it.
- We want to know the topics you're interested in.
- We want to know if you have any suggestions, Hints or Tips of your own that you'd like included, or if you know anyone we should include a story on!

Please send me an email with your Testimonial, Tip, Suggestion, "Show and Tell" Quilt or Enhancement – I'd love to hear from you!

Send all emails to:

jody@onlinequiltmagazine.com

### "Quilt-y" Quotes...

- \* I love sewing and have plenty of material witnesses.
- \* A messy house is the sign of a happy quilter
- \* I've spent most of my life making quilts - the rest I've just WASTED

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