



# Online Quilt Magazine.com

**Free Motion  
Quilt Tutorial –  
Happy  
Blossoms**

**NEW Broken  
Target Quilt  
Pattern**

**Quilting  
With Cotton  
Crocheted  
Doilies**

**What's New  
From The  
Fat Quarter  
Shop**

FREE Standard Issue Vol.6 No.8 – August 2015

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Cover – Broken Target Quilt p.7



## Letter from the Editor

Jody Anderson

Hi!

I got a bit of a fright the other day when I saw that some kindly soul had posted on Facebook that there were only 18 Fridays until Christmas. I haven't checked the accuracy of that statement, but it did get me thinking about exactly which projects I want to finish before the end of the year, and which need to be done for our Festive Season. I also rather stupidly shared that fact with Master 11 (whose new quilt is on page 7), and I fear the countdown to Christmas has already started in our household...

So, for now, I'm ignoring the fact that it's coming, and I'm busy making other things instead. You'll find my new "Broken Target" quilt pattern in this issue, along with Lori's 'Happy Blossoms' to quilt. We take a quick look at incorporating doilies into your quilt projects, and there's plenty of creative ideas and articles to enjoy. (And some great "Show and Tell" projects too!)

Have a great month!

*Jody*



## Quilting With Cotton Crocheted Doilies

From Tricia Deed at InfoTrish

Have you tried using cotton crocheted doilies as part of your quilting projects?



These doilies can be used in the center of each quilting square, as an appliqué or for edging. And if you have in your quilt fabric stash reproductions of fabric prints from the 17th century this will be an added opportunity to create a very unique quilt.

In my youth doilies were commonly used:

- On armchair rests
- Draped over the back rest section of chairs and sofas
- Used on fireplace mantels to underline candle holders and other knickknacks
- Found on end tables underlining peanut and candy dishes
- Table lamps and silver bowls stood on doilies

Can you recall your mother or your grandmother spending hours crocheting these lace mats?

I rarely see these doilies anymore. But, I have noticed quilters are using them in their wall art quilts, throws, and bed covers.

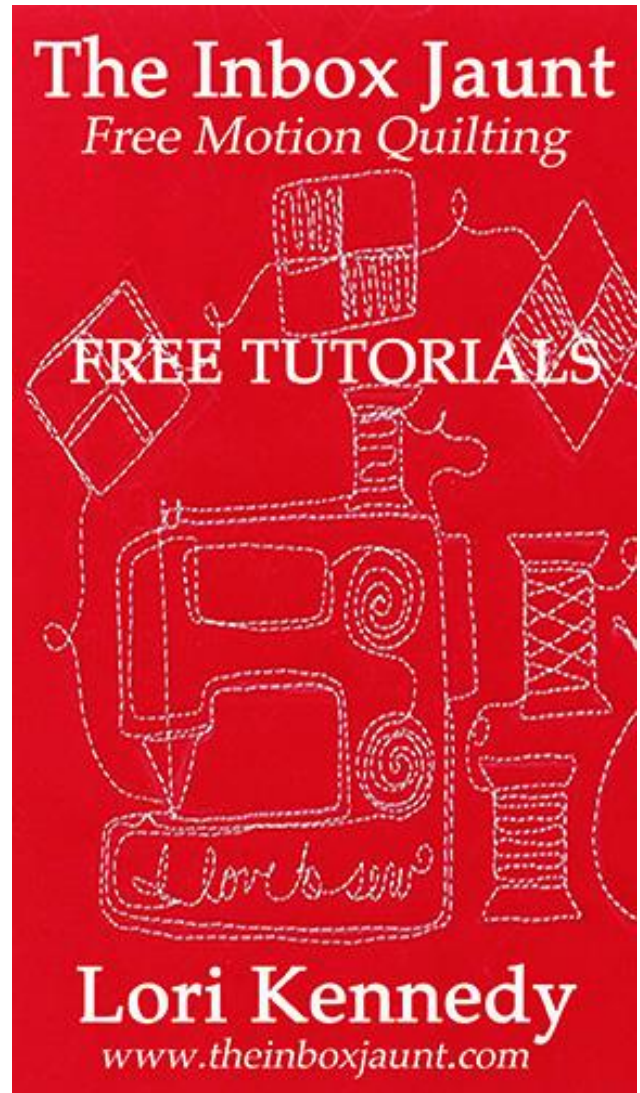
Doilies can be found at swap meets, flea markets, garage sales, and antique shops. Here is a word of



caution; think carefully before stitching these doilies. If the doilies you are preparing to use are considered as collectibles or are in the category of being antiques; proceed with caution.

The value of your doilies will determine how you may use them in your quilting. Appliquing these lace decorations to your quilt fabric will preserve both as a keepsake.

Doilies are usually round, but are crocheted in rectangular, oval, and square shapes as well. Do your best to not cut the doilies. Cut your fabric to accommodate the size and the shape of the doily.



You may possibly have designs which were edged with roses, a popcorn pattern, or ruffles.

- The roses would add interest.
- The popcorn pattern would add texture
- Ruffles can offer a thicker dimension to your quilting project.



Stuffing your appliqué doily in appropriate areas will amaze you with wonderful results. It was also common to thread pretty ribbons through the open areas of these crocheted beauties. This would also add an unusual attractiveness to your quilt design.

Article Source: [http://EzineArticles.com/?expert=Tricia\\_Deed](http://EzineArticles.com/?expert=Tricia_Deed)

# Precut Primer

by Me and My Sister Designs • Barbara Groves & Mary Jacobson



The ultimate go-to book for pre-cut fabrics!

12 fun & easy projects for all precuts, including Fat Quarter Bundles, Fat Eighth Bundles, Jelly Rolls, Layer Cakes, Charm Packs and Mini Charm Packs!

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## Project – Broken Target Quilt Pattern

By Jody Anderson from [www.QuiltBlockoftheMonthClub.com](http://www.QuiltBlockoftheMonthClub.com)



I was playing around with some ideas for strip piecing different blocks, and came up with this wonderfully quick and easy pattern, that looks so much more complicated to make than it really is. (And what could be better than that!?!)

This checkerboard style block arrangement is all made from the one pieced strip set, and makes up really well.

I wanted a bright and happy modern style (in my Master 11's favourite colours), but this would be stunning too in softer prints or patterns. Our quilt measures approx. 70 inches square.



### You Will Need:

1 metre/yard of each of 5 different colours for the blocks. We used plain fabrics, and this design will work best if you do a colourwash effect, with fabrics arranged from dark to light. We used red, dark orange, light orange, yellow and pale yellow.

2½ metres/yards of plain navy blue fabric for blocks, sashing, borders and binding.

Backing measuring at least 74 x 74 inches. (We used more of the same navy blue fabric and pieced a backing with a leftover block from the front.)

Batting measuring at least 74 x 74 inches.

### Cut:

From your 5 different colourwash colours, cut 13 strips 2½ inches wide, across the width of fabric.

From the navy blue fabric, cut 13 strips 1 inch wide, across the width of fabric.

From the navy blue fabric, cut 6 strips 2½ inches wide, across the width of fabric.

**Learn How to Free Motion Quilt  
ALL of these Designs at:**



**[www.FreeMotionProject.com](http://www.FreeMotionProject.com)**







### **Piecing:**

There are 9 large pieced blocks to make this quilt top, and all are made from the same strip pieced sets.

To start, arrange your coloured strips in order from dark to light as pictured, with the navy blue strip second from the top.

Sew the strips together lengthways, and repeat for all 13 strips, so that you end up with 13 sets of pieced strips.

Press well, making sure to press 6 strip sets with the seam allowances all pointing up, and the press the remaining 7 sets with the seams all pointing down.



Measure the height of your pieced strip sets. Ours was  $10\frac{3}{4}$  inches.

Cut the strip sets into squares then, using your block height measurement. You will get 3 squares from each strip set.

You will need one more square than you can cut from the sets, so piece two of your end offcuts together, press the joining seam open, then cut the final square from that piece. You should have a total of 40 squares. Press well.



With right sides together, lay two squares together, so that the colours match up in order. (Red on red, and pale yellow on pale yellow.)

Also make sure you have blocks with the seams pressed in opposite directions, so they are easier to sew together neatly.

Using a pen or marking pencil, rule a diagonal line from the top left corner to the bottom right corner, as pictured.

Pin your layers together down the diagonal, and take care to nest the seams at each strip, so the colours and strips align well.



Sew a  $\frac{1}{4}$  inch each side of the marked line.

Cut on the line to divide your square into 2 half square triangles.



And the magic happens when you open them out!

You will have a right-angled block going from dark to light, and you will have a block going from light to dark in the centre.

Repeat this for all of your squares, so that you end up with a total of 40 of these units – 20 dark and 20 light.

Press all blocks well.

Piece these units in pairs as shown, again taking care to match your seams properly.

Make 10 of each colourway.





Cut the six, 2½ inch width navy blue strips now to make sashing strips for each of these pieced units.

We cut ours at 10½ inches long. You will need 18 of these shorter strips.

Sew one strip to the bottom of each light and dark unit as pictured. Note – the centre of the unit (for all units) should be on the right hand side.

Press seam well.



Finally, rotate one unit as shown and sew them in colour matched pairs to complete the 'broken target' block.

Due to the thin navy strip, not all colour seams will match perfectly, but most will, so align them as best you can when you are sewing them together.

Press the seams open.



### **Assembly:**

Now sew the blocks together in three vertical rows. The first row from the left hand side starts with a dark block at the top, light in the middle and dark at the end.

Align the blocks vertically too, so the top and bottom edges have the navy pieces attached, as shown above.

The middle row is light, dark and light blocks, and the third row is the same as the first, to give that checkerboard effect.

Press seams well.

From the navy blue fabric, cut 4 strips 2½ inches wide, across the width of the fabric. Join them in pairs so you have two long strips. These are the sashing strips to join your three rows of blocks.

Measure the length of your pieced rows of blocks, and trim the sashing to fit, before joining the pieced blocks to either side of the sashing strips to assemble your quilt top.

Press all seams well before adding the final borders.

### **Border:**

From the navy blue fabric, cut 8 strips, 3½ inches wide, across the width of the fabric. As you did for the sashing, join them in pairs, so you have 4 long strips.

Again, measure your quilt top sides and trim the side borders to fit (making sure both measure the same length), before sewing them to the sides of your quilt.

Press seams, and repeat the measuring, trimming and sewing, to add the final strips to the top and bottom edges of your quilt.

Press.

**Finishing:**

We used the final light ‘broken target’ block in our backing for this quilt, and pieced the backing with navy blue fabric to match the front, but this is entirely optional.

Lay the backing face down on a large flat surface. Smooth the batting on top, and then lay your quilt top on top of that, facing up. Smooth all layers and pin or thread baste.

We chose a simple zig zag style quilting pattern for ours, to keep with the angular modern look of the top. Quilt yours as you wish. Trim to square up the sides.

For the binding, cut sufficient 2¼ inch width strips from the navy blue fabric (about 8 width of fabric strips), and join them together with 45 degree seams. Press the ¼ inch seams open, then fold the strip in half lengthways, with wrong sides together and press.

Join the binding to the right side of the quilt edge with a quarter inch seam, mitring each corner as you go. Turn the folded edge of the binding to the back and slip stitch it in place with thread that matches the binding to finish. Don’t forget to attach a label too!

For more Block of the Month Quilt Patterns, visit [www.QuiltBlockoftheMonthClub.com](http://www.QuiltBlockoftheMonthClub.com)



## Free Motion Quilt Tutorial – Happy Blossoms

By Lori Kennedy from [www.theinboxjaunt.com](http://www.theinboxjaunt.com)



Today, we are working on a background filler—a stipple banishing—background filler. (Those who have followed for some time know that my goal is

to BAN THE STIPPLE—it's not pretty, it's not easy, it's not necessary...

To this end, I have been offering FREE free motion quilt tutorials every week for more than two years!

This month, we have a pretty little posy for you...**The Happy Blossom**. Don't you think some flowers look HAPPY, while other flowers, like roses, seem rather serious?

### THE HAPPY BLOSSOM TUTORIAL

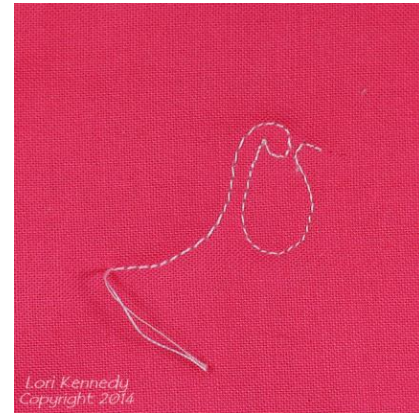
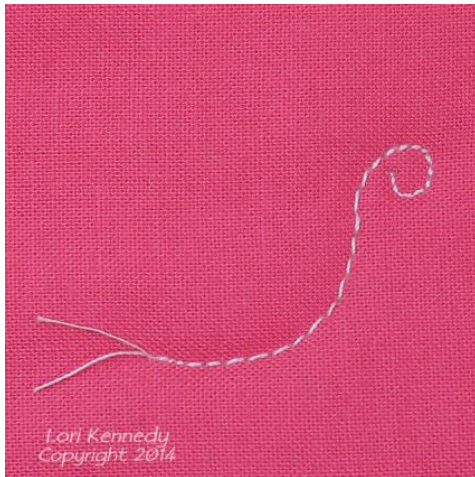
This motif could be stitched in a row—in a border, or stitched as a background, all-over, or “fill” pattern.

Next, stitch a loopy petal. Stitch over two small stitches and begin the next petal.

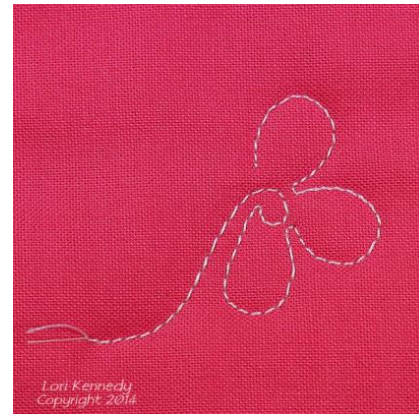


Because this is a fill pattern, we will not begin with any lines or “rails” as we do in most of the tutorials.

Begin by stitching a curved tail and an open circle.



Keep adding petals around the center.





Adding as many petals as necessary to surround the center– four, five or six...

The key to this flower is the small stitches between each petal.



Once the flower is complete, stitch across the stem, and sweep underneath the flower to begin the next flower...PERFECT!



For more interest, add a leaf anywhere along the stem.



Or add a leaf or two between the petals.



When stitching this motif as a background, there are several ways to travel to the next flower. (See above and below...)

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**FREE**

Patterns to download on both...

[www.QuiltBlockoftheMonthClub.com](http://www.QuiltBlockoftheMonthClub.com)  
[www.BagMakingPatterns.com](http://www.BagMakingPatterns.com)

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It takes practice to stitch background patterns.

Take your time, stop frequently and plan. When you get trapped, simply knot off and start again—like any Happy Blossom would!

Signed,



**About the Author:** Lori Kennedy claims she has been passionate about quilting since birth and believes quilting is in her blood—her grandmother, mother and two sisters are all quilters. She can't stop talking (about quilting) and can be found discussing free motion quilting daily at [www.theinboxjaunt.com](http://www.theinboxjaunt.com) and bimonthly in her column, 'My Line with Lori Kennedy' in American Quilter Magazine.

When she's not blogging, taking photos or quilting, she can be found hiking the trails of Minnesota with her husband, six kids and two Australian Shepherds. Look for her book of step-by-step free motion quilt motifs from AQS Fall, 2015.

Have you visited [Craftsy](https://www.craftsy.com) yet?



Learn amazing quilting skills online at  
your pace!



## What's New from The Fat Quarter Shop

From Kimberly Jolly at [www.FatQuarterShop.com](http://www.FatQuarterShop.com)

We're pleased to be able to bring you a selection each month of the Newest Fabric Releases and the new season fabric "must haves".



**HELLO DARLING BY BONNIE & CAMILLE FOR  
MODA FABRICS**

This darling new collection by Bonnie & Camille is their cheeriest yet! Available in all precut goods, yardage, and exclusive quilt kits.

View this range at:

<http://www.fatquartershop.com/moda-fabric/hello-darling-bonnie-camille-moda-fabrics/>



**Keep up to Date with What's Happening on our  
Facebook Page – Do You Love Quilting Too?**

Bonus blocks, hints and tips added all the time!!

<http://www.facebook.com/#!/pages/Do-You-Love-Quilting-Too/271888039492644>



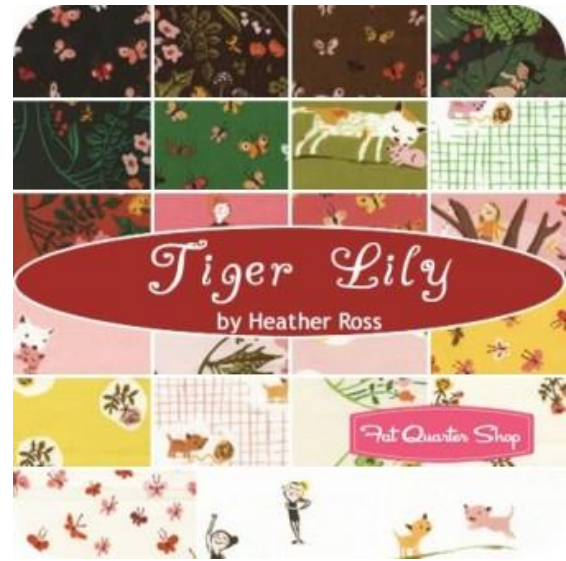


**MEADOWBLOOM BY APRIL ROSENTHAL FOR MODA  
FABRICS**

Meadowbloom is a reminder that you can find beauty, peace and serenity in nature. Available in all precut goods, yardage, and exclusive quilt kits.

See more at:

<http://www.fatquartershop.com/moda-fabric/meadowbloom-april-roenthal-prairie-grass-patterns-moda-fabrics/>



**TIGER LILY BY HEATHER ROSS FOR WINDHAM  
FABRICS**

Whimsical and full of wonderful tales, Tiger Lily is sure to be a favorite among children and grown-ups! Available in fat quarter bundles, yardage, and our exclusive quilt kit and pattern, Boxwood.

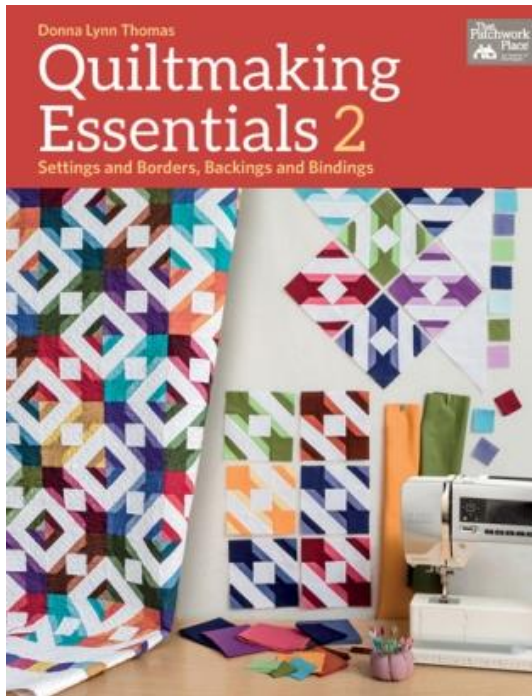
Check it out at:

<http://www.fatquartershop.com/windham-fabrics/tiger-lily-heather-ross-windham-fabrics/>



## Book Reviews

By Annette Mira-Bateman from [www.QuiltBlockoftheMonthClub.com](http://www.QuiltBlockoftheMonthClub.com)



**"Quiltmaking Essentials 2 - Settings & Borders, Backings & Bindings" by Donna Lynn Thomas**

This book continues where “Quiltmaking Essentials 1” left off, with the basics of quilt construction.

Novice or experienced quilters will all gain by reviewing techniques in this comprehensive book, which teaches all you need to know to put blocks together to make a machine pieced quilt top.

This is a reference book to beat them all. You can look up any aspect of quiltmaking and be told and shown with pictures and diagrams exactly the way to go about it.

Different arrangements of blocks are shown with suggestions on sashing and whether to place the blocks on point or not are all covered with extensive diagrams to demonstrate the differences.

Donna's round-robin medallion quilt, 'Antique Rose' is very striking. If your group is planning a round robin quilt, this is one to give you some ideas.

There is information on sashing, pressing seams, measuring corner triangles and borders (and directional fabrics), cutting fabrics and binding strips.... the list goes on.

Donna Lynn Thomas has been quilting since 1975 and is an experienced and accredited teacher. If you want to know how to make a quilt properly, then try this book!

"Quiltmaking Essentials 2 - Settings & Borders, Backings & Bindings" is published by Martingale and is available through your local craft book shop or online from: [www.ShopMartingale.com](http://www.ShopMartingale.com)

(Photos courtesy of Martingale)

## Horizontal Row-by-Row Settings

This type of setting is essentially a vertical set turned on its side. Instead of being assembled in vertical columns, the blocks are assembled into horizontal rows with or without plain or pieced strips between them. The same blocks may be used in each row, but more often than not, each row is a bit different. For instance, one row may consist of house blocks and the next row tree blocks. This setting is frequently used for group round-robins, with each participant adding a new row to the quilt she or he receives, and then passing it on to the next person for the addition of another unique row. You never know what you'll end up with, but you can be sure it will be creative and one of a kind. Again, sewing these rows together is no different than sewing a straight-set quilt.



Horizontal row-by-row settings often have a variety of blocks in each row, as shown in this sweet sampler made by children. "Cousins by the Row" was made by cousins Anna Martin, Becky Martin, Sarah Ekmeier, David Martin, and Eric Ekmeier.



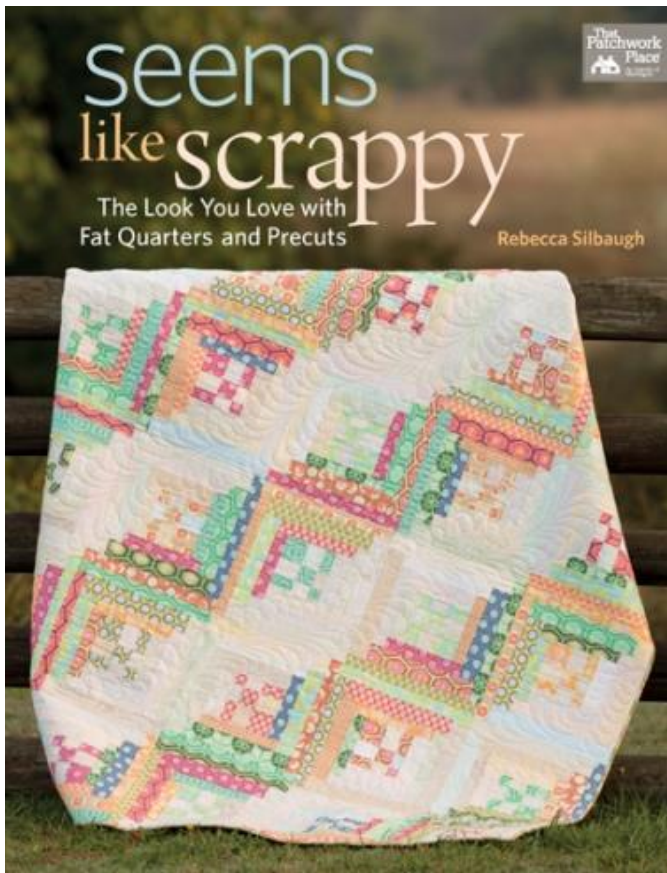
This vibrant, sophisticated quilt, "Pointed Mountains" made by Kelly Ashton, repeats the same block but in different colors, arranging them in a chevron design in a horizontal strip setting.

## Unequal-Sized Block Settings

Another popular setting is one in which blocks of varying sizes are sewn together to make the quilt top. Although blocks can be made specifically for this type of quilt, this setting is also a good way to combine blocks from different sources: leftover orphan blocks from other projects, blocks acquired in a guild exchange, blocks received as gifts from friends, or even those purchased at an estate sale.

The ultimate goal is to sew the blocks into groups that will form rows or larger pieced sections, and then join these components to complete the quilt top. The key to putting odd sizes together is to find





**"Seems Like Scrappy" by Rebecca Silbaugh**  
**The Look You Love with Fat Quarters and**  
**Precuts.**

These 14 quilts by graphic designer Rebecca Silbaugh have the scrappy look about them, but are all made from precut packages - Charm Packs, Layer Cakes, Jelly Rolls and Tonga Treats, Honeycombs, Fat Quarters and Fat Eighths.

Most of the quilts are traditional, but there are a few modern ones, too and they all have the 'scrappy' look about them.





These projects are eye-catching and the diagrams and cutting tips will make the directions easy to follow.

Rebecca's tip on what to do with "Fabric Stepchildren" in precut packages is rather good, if a little unfair on stepchildren.

The quilts all look good, colours chosen are striking. The 14 quilts in this book are varied in style and should be inspiring to all quilters.

This would be an easier way to make quilts which look scrappy, without hunting through the scrap pile for inspiration and compatible fabric.

"Seems Like Scrappy" is published by Martingale and is available through your local craft book shop or online from: [www.ShopMartingale.com](http://www.ShopMartingale.com)

(Photos courtesy of Martingale)





## Recipe Corner – Orange & Almond Friands with Orange Syrup



### Ingredients

Cooking oil spray, to grease

230g (1 1/2 cups) pure icing sugar, sifted

185g (6.5oz) margarine/butter, melted

100g (1 cup) almond meal

75g (1/2 cup) gluten-free plain flour

6 egg whites, lightly whisked

1 tablespoon finely grated orange rind

### Orange syrup

1 orange

215g (1 cup) caster/fine white sugar

160ml (2/3 cup) fresh orange juice

80ml (1/3 cup) water

## Method

### Step 1 –

Preheat oven to 200°C/392F. Spray twelve 80ml (1/3-cup) capacity muffin pans with cooking spray to lightly grease.

### Step 2 –

Place icing sugar, margarine, almond meal, flour, egg whites and orange rind in a bowl and stir until just combined.

Spoon the mixture among the prepared pans. Bake in oven for 25 minutes or until a skewer inserted into the centres comes out clean.

Remove from oven. Set aside in the pans for 5 minutes before turning onto a wire rack to cool slightly.

### Step 3 –

Meanwhile, to make the orange syrup, use a zester to remove the rind from the orange.

(Alternatively, use a vegetable peeler to peel the rind from the orange. Use a small sharp knife to remove the pith from the rind and cut the rind into very thin strips.)

Stir the orange zest, sugar, orange juice and water in a small saucepan over low heat for 5 minutes or until sugar dissolves. Increase heat to high and bring to the boil.

Cook, without stirring, for 2 minutes or until mixture thickens slightly.

### Step 4 –

Place the orange & almond friands on serving plates and drizzle with warm orange syrup to serve.

Yum!



## Reader “Show and Tell”

This month we continue our regular segment of “Show and Tell” quilts made by our Online Quilt Magazine Readers. It’s been another good month too!

We will include them as long as you can send them to us, and that way we can all share in the wealth of creativity and inspiration abundant within our quilting community.

Remember to keep sending in photos of your latest quilt projects to share. Please send to: [jody@onlinequiltmagazine.com](mailto:jody@onlinequiltmagazine.com).

~~~~~

*“I’ve made some new bags. The first are with scraps and a few fantasy stitches of my machine, the other is in log cabin. The last one was a lot of work, but it was worthy!” –Jacqueline B, Belgium*





*"...a picture of a baby quilt I have made for a baby boy here in Majorca"*

*- Sylvia W., Spain*



*The back is the dark green. The snowflakes, snowman, eyes, nose, buttons are machine applique. I quilted it on my Phaff quilter in swirl stippling."*

*- Sharon T., Pennsylvania, USA*



~~~~~  
*"Here is a picture of a project I just did. It is about 60" x 45". I used lots of christmas prints for the squares, and white flannel for the snow man, snowflakes and border.*

*“...this is a casserole carrier that I finished recently. I will have a lot of use of this casserole carrier. Very practical to have.”*

*- Carol B.M., Canada*

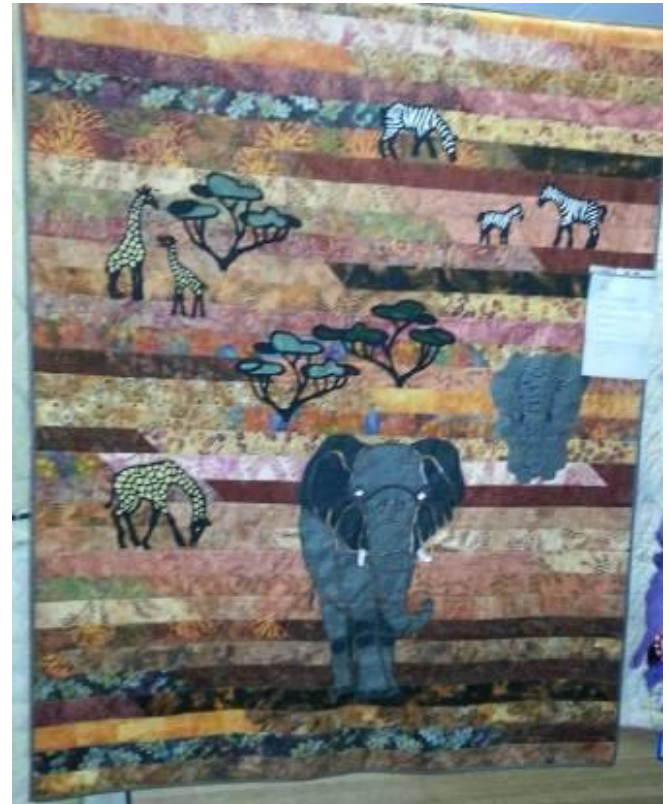


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*“My show and tell was a jellyroll race background that I thought needed more.*

*I have shown it in my local quilt group show.”*

*- Bethany J., Australia*

-



*"I have recently finished my global friendship quilt which we all started last year."*

- Merran R., New Zealand



~~~~~

Keep them coming! We've had some more wonderful projects this month, and we'd love to share what you've made too! Please send in your "Show and Tell" Photos to me at:

[jody@onlinequiltmagazine.com](mailto:jody@onlinequiltmagazine.com)

*"I completed this quilt for my daughter for her graduation from college this May 2015. It was a paper pieced project and I had so much fun getting it finished. It was made almost 100% with scraps for the top! Borders were made with extra fabrics from the center."*

- Renee C., Georgia, USA



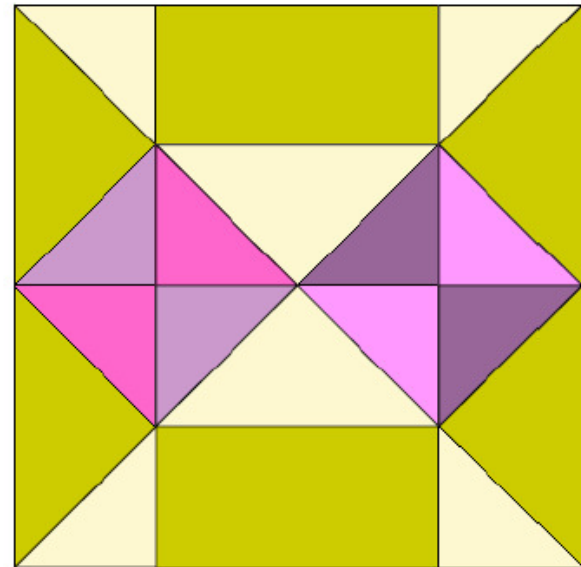
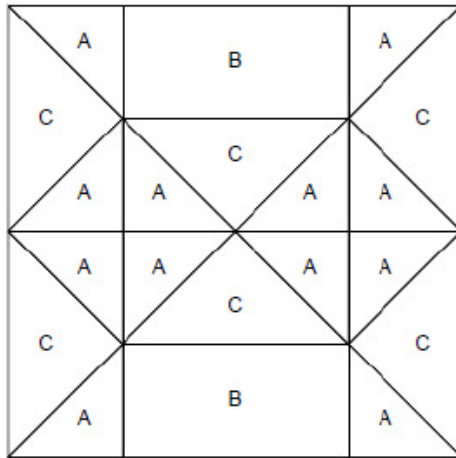
## Block of the Month

This is quite a striking block, and is quite simple to make. This would work equally well with planned colours, or as a scrappy quilt design.

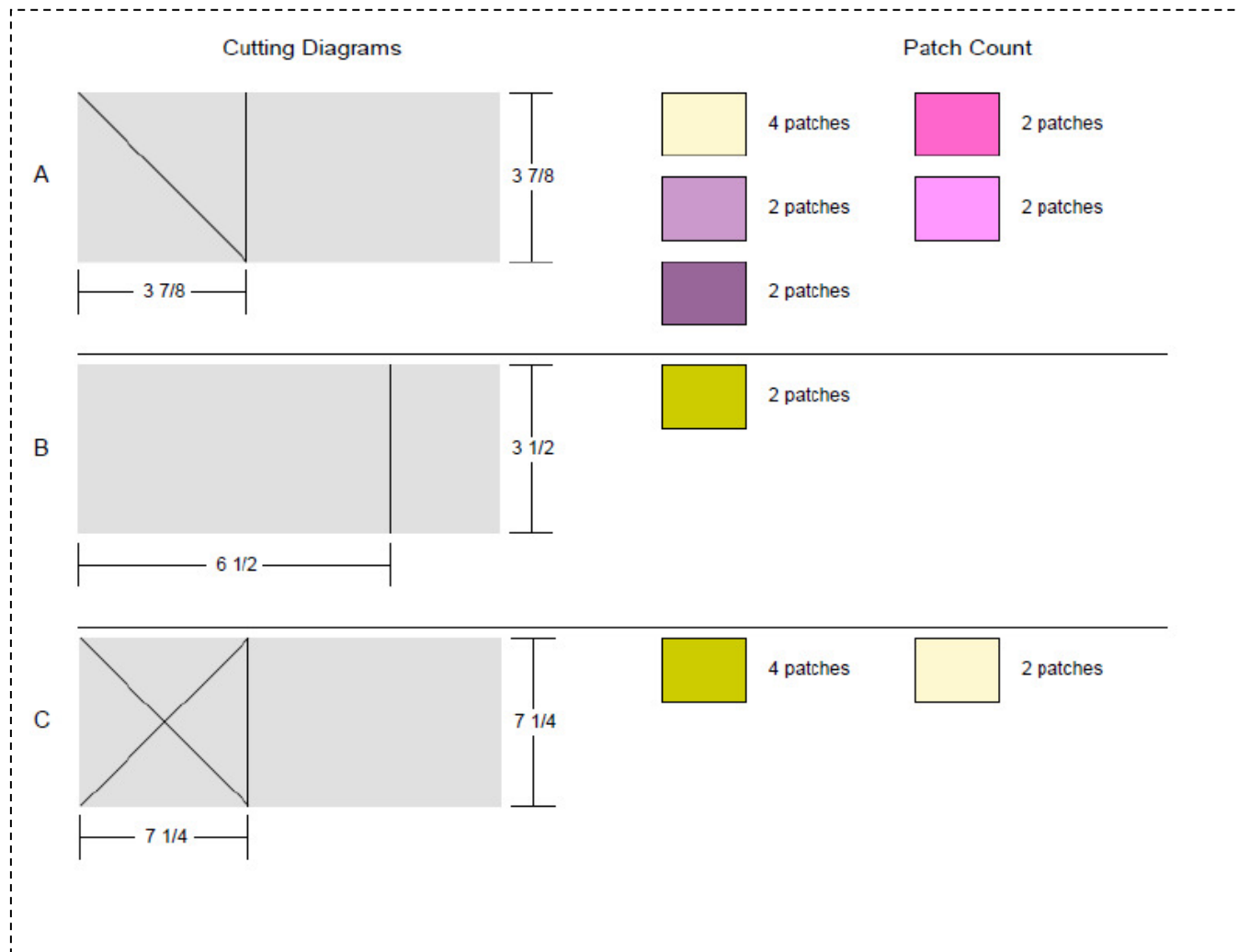
To make this 12 inch block as shown, you will need 6 different fabrics and once you have rotary cut the pieces according to the Cutting Diagram, you can piece them together as shown.

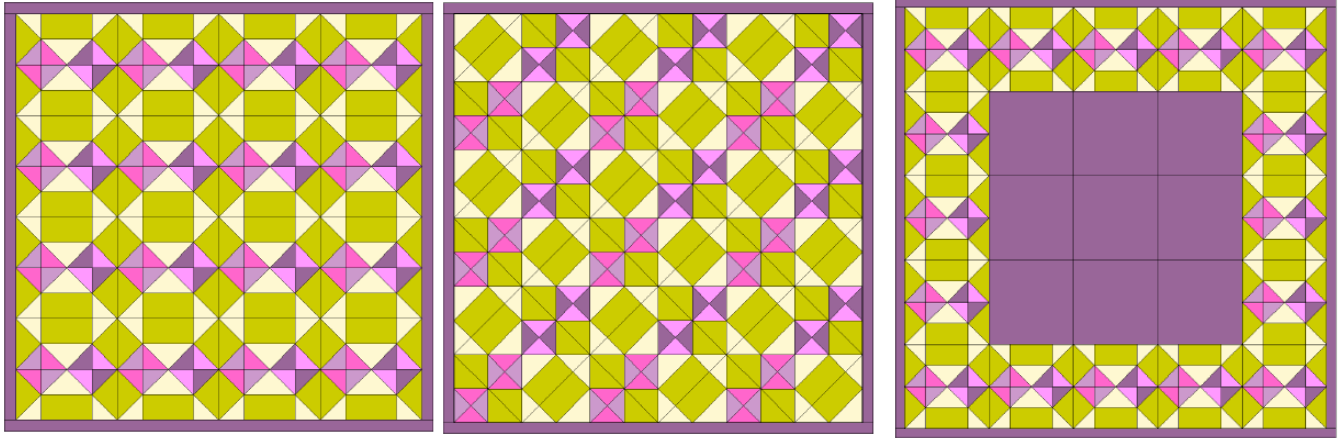
### Boise

Key Block (1/5 actual size)









Lay out together for a simple geometric effect, or try on point with alternate blocks rotated for a more defined pattern. This block also works well in a border.

For more great quilts and blocks, visit [www.QuiltBlockOfTheMonthClub.com](http://www.QuiltBlockOfTheMonthClub.com)

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## Today's Tips:

### \* Fat Quarter Cuts

How many squares you can get from an 18" x 22" piece of fabric?

6 - 6½ " squares

12 - 5½ " squares

16 - 4½ " squares

30 - 3½ " squares

50 - 2½ " squares

---

Are you worried that the markings won't disappear from your fabrics? This is a valid concern! Here are a couple tips to help you out:

1. Read and follow all of the directions on the package when using any marking product. If you misuse the tool or expose it to certain elements (like heat or water) when you shouldn't, the markings will not disappear!

2. Always test out your marking tool on scraps of the fabric from quilt top that you are working on first. Do this before you ever mark your project. Make sure that the product disappears completely from these fabrics before you try it on your precious quilt!

3. Don't press too hard when writing on your fabric. If you use too much force, the fabrics will be distorted.

4. Never use a really sharp pencil. A slightly blunt or dull tip works best and will not harm your fabric.

We're always on the lookout for great Hints and Tips to share. If you have any, please send them to [jody@onlinequiltmagazine.com](mailto:jody@onlinequiltmagazine.com), as we'd love to include yours!

# YES, We Want to Hear From You!

As our Online Magazine continues to grow each month, we need your feedback in order for us to continue to improve our publication for you.

- We want to know how you liked it.
- We want to know the topics you're interested in.
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Please send me an email with your Testimonial, Tip, Suggestion, “Show and Tell” Quilt or Enhancement – I'd love to hear from you!

Send all emails to:

[jody@onlinequiltmagazine.com](mailto:jody@onlinequiltmagazine.com)

## **"Quilt-y" Quotes...**

\* Before you criticize someone, you should walk a mile in their shoes. That way, when you criticize them, you're a mile away and you have their shoes.

\* Buttons and patches and the cold wind blowing...the days pass quickly when I am sewing!

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